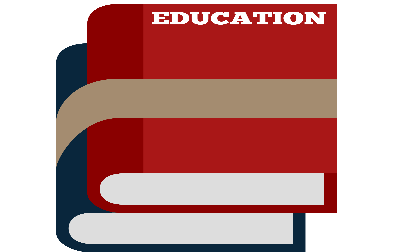
COMMUNITY EDUCATION CLASSES AT THE LIBRARY

Fall Catalog





September 15 – October 31

Classes are not for credit. Certificates may be possible for some courses. Ask at the time of registration if one is needed.

MISSON: The Woodward Public Library offers a welcome and comfortable environment where people of all ages can experience creative opportunities, explore lifelong learning, and connect with other people.

**Course Fees**: Each class will be **$5.00** plus the cost of supplies.

**Registration and fees** must be completed by students before a course begins. Refunds may be requested up to the beginning of a course but are non-refundable after the course has begun.

**Checks** must be written to **Woodward Library Foundation**. Cash is acceptable but no credit cards.

**Evaluations:** A paper evaluation will be presented to every student at the conclusion of the course. The evaluation will be used by the Library Directory and the course instructor for future planning.

**Weather Cancellations:** The same criterion will apply to Community Education as is used for regular library closures. Every effort will be made to reschedule Community Education Courses.

**Class Offerings**

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**Courses of Study**

**Google Docs**

Instructor: David Elliott

Learn the basics of Google Docs by exploring the word processing feature within Google.

Supplies needed: Library PCs or Personal Laptop

Time: September 23, Tuesday 6:30 pm

September 24, Tuesday 6:30 pm

Length of session: 60 to 75 minutes

Class limit: 8 with personal laptops

4 for participants without personal laptops--This class will be held at

public computers.

Room: Library Meeting Room or Library Computers

Fee: $5

Supply Fee: $6

**Essential Oils 101: A Beginner’s Guide**

Instructor: Michelle Sharr

The class introduces the basics of essential oils, including history, benefits, and safe usage. Participants are encouraged to learn how to incorporate essential oils into their daily lives. Attendees will understand the benefits of essential oils, learn safe usage methods, and explore the “top 10” essential oils and their benefits.

4 weeks September 19 through October 10

Length of Session: 1 hour

Time: Fridays at 2pm

Room: Meeting Room

Fee: $5

Supply Fee: $0

**Genealogy for Beginner’s**

Instructor: David Elliott

The basics of genealogy work both internet and physical locations. Topics will include census records, cemeteries, libraries, and internet tools. This class will enable people to start their own family research.

Length of session: 3 1 hour classes

Time: September 18, 25, and October 2 6:30 to 7:30 pm

Location: Library Proper

Class size 6-8

Fee: $5

Supply Fee: $0

**Beginner Crocheting**

Instructor: Carolyn Gough

Participants: Middle School, High School, Adults

Participants will learn basic knowledge of crocheting and stiches. They will learn to read a pattern and complete a crochet project. The ideal attendee is teen or an adult.

6 weeks

Time: September 16 through October 21 at 6 to 7:30 pm Tuesdays

September 20 through October 25 at 10 am Saturdays

Session length: 1 ½ hour

Class size: 10

Location: Library Meeting Room

Fee: $5

Supply Fee: $10

**Longevity—Lessons from the Blue Zone**

Instructor: Cindy White

This is an interactive class in which participants explore 9 factors that increase a person’s longevity & good health. The objective of the course is having a healthy living lifestyle.

Time: Tuesday, September 30 at 6:30 pm

Session length: 1 hour

Class Limit: 12

Location: Library proper

Fee: $5

Supply Fee: $0

**Cribbage**

Instructor: David Elliott

Participants will learn the basics rules to play cribbage.

2 1 hour sessions

October 7 and 14 Tuesdays 6:30 pm

Class limit: 4-6 adults

Location: Library proper

Fee: $5

Supply Fee $0

**Researching using Digital Newspapers**

Instructor: Myrna Griffith

Participants will learn how to research newspapers using subjects and time. They will learn where to locate local historical newspapers online, how to locate articles, and how to print a copy.

Session length: 1 ½ hour

Class limit: 12

Time: Friday October 24 at 1:30 pm

Location: Library proper

Fee: $5

Supply Fee: $0

**Sewing Class**

Instructor: Katie Rigg

The class will learn to sew by making a handmade project. The following projects: Burp Cloth, Bib, 2 cloth Blanket, Quilting, will be made.

Class Limit: 4-5

Session length: 1-2 Hours

3 Sessions

Time: October 9, 16, 23 at 6-8 pm

Location: Library Meeting Room

Supplies needed: Your own sewing machines.

Supplies provided: Fabric, thread, patterns, and scissors.

Fee: $5

Supply Cost: $20-$40

**Long Term Care: What is Your Plan?**

Instructor: Travis Risvold

Planning strategies for long term care and exploring four questions. Participants will be able to identify situations that could complicate their long term health care strategy. A variety of approaches will be considered in addressing each situation, then begin to form action steps to simplify their physical and mental transitions as they age. The 5 W’s will be discussed. Where will I live as I age? Who do I like or love that is around me? When did heath changes begin in my family or in my own life? What do I have financially and legally to protect myself, my assets, and my friends and family, when my health changes. Why would certain plans work for me versus others?

Time: Monday, October 13 at 6pm

Location: Meeting Room

Session Length: 1 hour

Fee: $5

Supply Cost: $0

**Book and Run-Card Game**

Instructor: David Elliott

Participants will learn to ply ‘Book and Run’, a card game that grows more challenging with each round.

Class limit: 4-8

Session length: 1 hour

3 Sessions

September 16, 23, 30 Tuesdays

Time: 6:30 pm

Location: Library Proper

Fee: $5

Supply Fee $0

**Music Appreciation: Beethoven’s 5th Symphony**

Instructor: David Elliott

Most people know the 1st 4 notes of Beethoven’s 5th Symphony. This class is a chance to hear how three short followed by one long note passes through the whole symphony.

1 Session

Length: 1 hour

Time: Thursday, October 9 6:30 pm

Friday, October 10 1:30 pm

Location: Library Proper

Fee: $5

Supply Fee $0

**Easy Instant Pot Meals**

Instructor: Katie Buck

How to cook easy meals in an Insta-pot. Participants will learn how to cook a meal in an Insta-pot and sample the food. Receive a handout of several recipes to try at home.

1 Session 1-2 hours

Time: Monday September 22 6-8pm

Location: Library Proper

Fee: $5

Supply Fee: $0

**Yogurt Making with Instant Pot**

Instructor: Katie Buck

Learn how to properly culture live probiotics in an Instant Pot, while learning to make yogurt. The class will include recipes on using yogurt in many recipes and how to strain Greek Yogurt.

1 Session 1 ½ hours

Time: Monday, September 29 at 6-8 pm

Location: Library Meeting Room

Free: $5

Supply Fee: $5